

# What's Humming in the Hummingbird Class In February?







#### Cognitive Development Activities for the Month:

- The children will begin learning about different types of feelings such as happy, love, grateful, sad.
- We will hear different sounds and identify them while playing "Name that Noise".

#### Physical Development (Large & Small Muscle) Activities for the Month:

Large Muscle Skills:

- Our practice play activity will include making "snow angels" in gym!
- Continuing with noise recognition we will practice walking in a circle and *"FREEZE"* at the sound of a bell, drum, etc. Small Muscle Skills:
- We will lift hearts from a pile and place them in different places around our school. High, low, up, down, under are all
  words we will practice during this activity.
- We will play "peekaboo" using our hands to cover our eyes. We will practice eye contact with our friends and teachers and waiting for our turn.

#### **Creative Art Development Activities for the Month:**

- We will practice layering by doing lots of gluing, glittering, and painting to prepare for Valentine's Day!
- We will spend more time feeling different types/colors of play dough and clay.

#### Hummingbird Themes for February...

- My feelings! If you're Happy and you know it...
- Opposites: Day and Night
- Letters: L,M,N Colors: Red & Pink
- Shapes: Square, Heart
- Hand Signs: "Hug and "Book"
- Song "Will you be my Valentine?"

### Hand Signs...

Each month we will introduce a "Hand Sign" to your little ones. Sign Language helps toddlers communicate their needs.



HUG: cross your arms giving yourself a hug

HINT:
Like opening and closing a book

Book: Place hands in "prayer" position. Open and close, like opening and closing book.

#### Valentine's Day!

Valentine's Day is the perfect opportunity for your child to learn how our mail system works. In class, the students will make a surprise Valentine Card for their families! An envelope will be sent home in the backpack for you to stamp and fill out with your home address. *Please do this with your child while explaining how the mail system works.* Then, place the envelope in your child's folder in their backpack to return to school. Once you return the envelope, we will help them place his/her card inside and then walk to the pretend mailbox and mail it. What fun when the mailman delivers it to your house!

## Will You Be My Valentine?

(sung to "London Bridges")

Will you be my Valentine, Valentine, Valentine Will you be my Valentine? I'm your friend.

I will be your Valentine, Valentine, Valentine I will be your Valentine You're my friend!

